

JUMPSTART PHYSICIAN CAREER TRANSFORMATION

24 POWERFUL QUESTIONS

Career transformation presents an exciting and innovative opportunity for physicians. Whether you are focused on improving your current clinical practice situation or are interested in non-clinical or non-healthcare related work, this process is one that can be empowered by asking yourself questions that delve into your inner values, abilities, desires, etc. This helps you to understand your deepest motivations and also to identify fears that may be holding you back.

Have fun! Enjoy this chance to know yourself better and build the confidence to make change. Consider these questions as a first step in building an inspiring and fulfilling career.

CORE

How would you describe yourself in your entirety?

What do you see as your top 5-10 strengths?

When do you feel most alive?

If someone were giving a speech about you now, how would they describe you?

What brings the most meaning and purpose to your life?

How do your values and strengths show up at work?

How do your values and strengths show up at home?

When do you feel you are at your best?



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YOUR STORY

Who and/or what factors influence you the most from your past?

What are the ways they impact you?

Who and/or what factors influence you the most in the present?

How do they impact you?

VISION

If time and money were not a concern, describe the things that you long to do.

What needs in the world are you moved to meet?

What is the impact that you want to have?

How would you define success?

What situations do you thrive in?

What does or doesn't excite you about your current career?

Think about people who truly inspire you. What is inspiring about them?

What kind of people would you like to surround yourself with?



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BLUEPRINT

What would you overall like to change about your career?

What would you overall like to change about your life?

What steps could you take immediately to move forward?

What stands in your way of creating change?

HOW TO WORK WITH JACKIE HUNTLY, MD

I hope that you enjoyed answering these questions.

I would be delighted to speak with you regarding any ideas that might have arisen from this exercise and to discuss how you go forward in implementing your new ideas and goals.

Please contact me below for a free 45 minute consultation.

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